

## SOUTHWEST K-5 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> <li>• (V) Bean &amp; Cheese Burrito</li> <li>• Turkey &amp; Cheddar Sandwich</li> <li>○ Green Peas</li> </ul>	<ul style="list-style-type: none"> <li>• Pasta with Zesty Beef</li> <li>• (V) Taco Dippers Kit</li> <li>○ Three Bean Salad &amp; Broccoli Florets</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast for Lunch: Pancakes with Sausage</li> <li>○ Chilled Seasoned Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>• (V) Green Chile &amp; Cheese Tamale</li> <li>• Ham &amp; Cheddar Sandwich</li> <li>○ Chopped Lettuce &amp; Sliced Tomatoes with Ranch</li> </ul>
2	3	4	5	6
<ul style="list-style-type: none"> <li>• (V) Breakfast for Lunch: Pancakes with Omelet</li> <li>• Turkey &amp; Cheddar Sandwich</li> <li>○ Broccoli Florets</li> </ul>	<ul style="list-style-type: none"> <li>• (DF) Crispy Chicken Sandwich</li> <li>• (V) Cheddar Cheese Sandwich</li> <li>○ Glazed Carrots</li> </ul>	<ul style="list-style-type: none"> <li>• Mac &amp; Cheese &amp; Chicken Bites</li> <li>• (DF) (V) Egg Salad Sandwich</li> <li>○ Steamed Corn</li> </ul>	<ul style="list-style-type: none"> <li>• (DF) The Revolution Dog</li> <li>• (V) Veggie Chili</li> <li>○ Sliced Cucumber</li> </ul>	
9	10	11	12	13
<ul style="list-style-type: none"> <li>• (V) Cheesy Pizza Bite Meal</li> <li>• Santa Fe Chile Chicken &amp; Black Bean Wrap</li> <li>○ Island Glazed Carrots</li> </ul>	<ul style="list-style-type: none"> <li>• BBQ Drumstick &amp; Rice</li> <li>• Taco Dippers Kit</li> <li>○ Grape Tomatoes &amp; Seasoned Garbanzo Beans</li> </ul>	<ul style="list-style-type: none"> <li>• Classic Chicken Parm Pasta</li> <li>○ Celery Sticks</li> </ul>	<ul style="list-style-type: none"> <li>• (V) Cheese Enchiladas</li> <li>• (V) Sunny Sandwich Kit (sunbutter &amp; jelly)</li> <li>○ Green Peas</li> </ul>	<ul style="list-style-type: none"> <li>• (DF) Crispy Chicken Sandwich</li> <li>○ Broccoli Florets with Ranch</li> </ul>
16	17	18	19	20
<ul style="list-style-type: none"> <li>• (V) Cheese Pizza</li> <li>• Ham &amp; Cheddar Sandwich</li> <li>○ Chili Citrus Corn</li> </ul>	<ul style="list-style-type: none"> <li>• (DF) The Revolution Dog</li> <li>• (V) Cheesy Ravioli</li> <li>○ Sliced Cucumber</li> </ul>	<ul style="list-style-type: none"> <li>• Pepper Jack Cheeseburger</li> <li>• (V) Cheddar Cheese Sandwich</li> <li>○ Chopped Lettuce &amp; Sliced Tomatoes with Ranch</li> </ul>	<ul style="list-style-type: none"> <li>• (V) Cheesy Pizza Bite Meal</li> <li>• Turkey &amp; Cheddar Sandwich</li> <li>○ Glazed Carrots</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Bites</li> <li>• (V) Creamy Pasta Alfredo</li> <li>○ Seasoned Garbanzo Beans &amp; Broccoli Florets with Ranch</li> </ul>
23	24	25	26	27
<ul style="list-style-type: none"> <li>• (DF) The Revolution Dog</li> <li>○ Baby Carrots</li> </ul>				
30				

### What's New?

Spiced up sides! Try our new veggie pairings - **Island Glazed Carrots** and **Chili Citrus Corn**.



Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

*This institution is an equal opportunity provider*