

DECEMBER LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>• Wholegrain Cheerios &amp; Zac Apple Bar</li> <li>• (V) Five Cheese Lasagna</li> <li>• Turkey &amp; Cheddar Sandwich</li> <li>○ Glazed Carrots</li> </ul> <p style="text-align: right;"><b>3</b></p>	<ul style="list-style-type: none"> <li>• Bagel with Cream Cheese</li> <li>• (V) (DF) BBQ "Beef" Vegan Calzoni</li> <li>• Chicken Enchiladas</li> <li>○ Chili Citrus Corn</li> </ul> <p style="text-align: right;"><b>4</b></p>	<ul style="list-style-type: none"> <li>• Cinnamon Crumble</li> <li>• (DF) Chicken Teriyaki with Brown Rice</li> <li>• (V) Sunny Sandwich Kit (sunbutter &amp; jelly)</li> <li>○ Edamame &amp; Grape Tomatoes</li> </ul> <p style="text-align: right;"><b>5</b></p>	<ul style="list-style-type: none"> <li>• Dipperdoodle Bar</li> <li>• Beef Cheeseburger</li> <li>• (V) Bean &amp; Cheese Pupusa</li> <li>○ Chopped Lettuce &amp; Sliced Tomatoes with Ranch</li> </ul> <p style="text-align: right;"><b>6</b></p>	<ul style="list-style-type: none"> <li>• Zac Omega Strawberry Bar</li> <li>• (V) Bean and Cheese Quesadilla</li> <li>• Mighty Meaty Deli Combo Sandwich</li> <li>○ Chilled Seasoned Green Beans</li> </ul> <p style="text-align: right;"><b>7</b></p>
<ul style="list-style-type: none"> <li>• Corn Chex Cereal &amp; Zac Strawberry Bar</li> <li>• (V) Cheesy Ravioli</li> <li>• Turkey &amp; Cheddar Sandwich</li> <li>○ Steamed Corn</li> </ul> <p style="text-align: right;"><b>10</b></p>	<ul style="list-style-type: none"> <li>• Wholegrain Cheerios &amp; Mini Dipperdoodle Bar</li> <li>• (V) Green Chile &amp; Cheese Tamale</li> <li>• (DF) Crispy Chicken Sandwich</li> <li>○ Broccoli Florets with Ranch</li> </ul> <p style="text-align: right;"><b>11</b></p>	<ul style="list-style-type: none"> <li>• (DF) Jerk Drumstick with Pineapple Carrot Rice</li> <li>• (V) Bfast for Lunch: Pancakes with Omelet</li> <li>○ Glazed Sliced Carrots</li> </ul> <p style="text-align: right;"><b>12</b></p>	<ul style="list-style-type: none"> <li>• Autumn Spice Muffin</li> <li>• (V) Cheese Pizza Panada Pie</li> <li>• (V) Southwest Veggie Wrap</li> <li>○ Chilled Seasoned Green Beans</li> </ul> <p style="text-align: right;"><b>13</b></p>	<ul style="list-style-type: none"> <li>• Blueberry Muffin</li> <li>• (DF) The Revolution Dog</li> <li>• (V) Cheese Pizza</li> <li>○ Pinto Beans &amp; Carrots</li> </ul> <p style="text-align: right;"><b>14</b></p>
<p style="text-align: right;"><b>17</b></p>	<ul style="list-style-type: none"> <li>• Yogurt &amp; Granola</li> <li>• (V) Fiesta Scoops with Three Layer Dip</li> <li>• Ham &amp; Cheddar Sandwich</li> <li>○ Broccoli Florets with Ranch</li> </ul> <p style="text-align: right;"><b>18</b></p>	<ul style="list-style-type: none"> <li>• Autumn Spice Muffin</li> <li>• Pepper Jack Cheeseburger</li> <li>• (V) Sunny Sandwich Kit (sunbutter &amp; jelly)</li> <li>○ Edamame &amp; Baby Carrots</li> </ul> <p style="text-align: right;"><b>19</b></p>	<ul style="list-style-type: none"> <li>• Cinnamon Grahams with String Cheese</li> <li>• Creamy Chicken Alfredo</li> <li>• BBQ Beef Flatbread Melt</li> <li>○ Coleslaw</li> </ul> <p style="text-align: right;"><b>20</b></p>	<ul style="list-style-type: none"> <li>• Mini French Toast Muffin with String Cheese</li> <li>• (V) Cheese Pizza</li> <li>• Turkey &amp; Cheddar Sandwich</li> <li>○ Baby Carrots</li> </ul> <p style="text-align: right;"><b>21</b></p>
<p style="text-align: right;"><b>24</b></p>	<p style="text-align: right;"><b>25</b></p>	<p style="text-align: right;"><b>26</b></p>	<p style="text-align: right;"><b>27</b></p>	<p style="text-align: right;"><b>28</b></p>
<p>NEW YEAR'S EVE!</p> <p style="text-align: right;"><b>31</b></p>				

HAPPY HOLIDAYS!

Bring on the holidays with our warm and hearty seasonal **Roast Turkey & Stuffing** meal: thick-cut turkey paired with savory stuffing, sweet mashed yams, and homemade gravy.

Look for it on **December 13th!**



**Lunch:** choice of 1% or fat-free milk; fresh fruit available daily.

**Dairy-free (DF) and vegetarian (V)** options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day

DECEMBER PSN LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>• Wholegrain Cheerios</li> <li>• Honey Grahams</li> <li>• Goldfish Pretzels/Juice</li> <li>• (V) Five Cheese Lasagna</li> <li>• Turkey &amp; Cheddar Sandwich</li> <li>○ Glazed Diced Carrots</li> </ul>	<ul style="list-style-type: none"> <li>• Bagel with Cream Cheese</li> <li>• Honey Wheat Crackers</li> <li>• (V) (DF) BBQ "Beef" Vegan Calzoni</li> <li>• Chicken Enchiladas</li> <li>○ Chili Citrus Corn</li> </ul>	<ul style="list-style-type: none"> <li>• Cinnamon Crumble</li> <li>• Cinnamon Grahams</li> <li>• Cheddar Goldfish</li> <li>• (V) Bfast for Lunch: Pancakes with Omelet</li> <li>• BBQ Chicken Wrap</li> <li>○ Tomatoe</li> </ul>	<ul style="list-style-type: none"> <li>• Cinnamon Grahams &amp; String Cheese</li> <li>• Educational Snacks</li> <li>• Beef Cheeseburger</li> <li>• (V) Bean &amp; Cheese Pupusa</li> <li>○ Chopped Lettuce &amp; Sliced Tomatoes with Ranch</li> </ul>	<ul style="list-style-type: none"> <li>• Wholegrain Cheerios &amp; PJ</li> <li>• Cinnamon Grahams</li> <li>• Honey Wheat Crackers</li> <li>• (V) Bean and Cheese Quesadilla</li> <li>• Mighty Meaty Deli Sandwich</li> <li>○ Chilled Green Beans</li> </ul>
<ul style="list-style-type: none"> <li>• Corn Chex Cereal</li> <li>• String Cheese</li> <li>• Goldfish Colors</li> <li>• (V) Cheesy Ravioli</li> <li>○ Steamed Corn</li> </ul>	<ul style="list-style-type: none"> <li>• Wholegrain Cheerios</li> <li>• Honey Grahams</li> <li>• Honey Wheat Crackers</li> <li>• (V) Green Chile &amp; Cheese Tamale</li> <li>• (DF) Crispy Chicken Sandwich</li> <li>○ Broccoli Florets with Ranch</li> </ul>	<ul style="list-style-type: none"> <li>• Educational Snacks</li> <li>• Hot &amp; Spicy Goldfish</li> <li>• (V) Italian Calzoni</li> <li>• (V) Bfast for Lunch: Pancakes with Omelet</li> <li>○ Glazed Diced Carrots</li> </ul>	<ul style="list-style-type: none"> <li>• Autumn Spice Muffin</li> <li>• Cinnamon Grahams</li> <li>• String Cheese</li> <li>• (V) Cheese Pizza Panada Pie</li> <li>• Mighty Meaty Deli Combo Sandwich</li> <li>○ Chilled Seasoned Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>• Blueberry Muffin</li> <li>• Educational Snacks</li> <li>• (DF) Oven Roasted Chicken Sandwich</li> <li>• (V) Cheese Pizza</li> <li>○ Diced Carrots</li> </ul>
	<ul style="list-style-type: none"> <li>• Yogurt &amp; Granola</li> <li>• Educational Snacks/Juice</li> <li>• Cheddar Goldfish</li> <li>• (V) Bean &amp; Cheese Quesadilla</li> <li>• Ham &amp; Cheddar Sandwich</li> <li>○ Broccoli Florets with Ranch</li> </ul>	<ul style="list-style-type: none"> <li>• Autumn Spice Muffin</li> <li>• Honey Grahams</li> <li>• String Cheese</li> <li>• Pepper Jack Cheeseburger</li> <li>• (V) Sunny Sandwich Kit (sunbutter &amp; jelly)</li> <li>○ Diced Carrots</li> </ul>	<ul style="list-style-type: none"> <li>• Corn Chex Cereal and O</li> <li>• Educational Snacks</li> <li>• Goldfish Pretzels</li> <li>• Creamy Chicken Alfredo</li> <li>• BBQ Beef Flatbread Melt</li> <li>○ Coleslaw</li> </ul>	<ul style="list-style-type: none"> <li>• Mini French Toast Muffin &amp; String cheese</li> <li>• Honey Wheat Crackers</li> <li>• (V) Cheese Pizza</li> <li>• Turkey &amp; Cheddar Sandwich</li> <li>○ Steamed Diced Carrots</li> </ul>

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**Lunch:** choice of 1% or fat-free milk; fresh fruit available daily.

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○ **Vegetable** of the day

DECEMBER SUPPER GRAB & GO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>Cinnamon Grahams, Sunbutter, String Cheese and Celery</li> </ul>	<ul style="list-style-type: none"> <li>Goldfish Pretzels with String Cheese, Sunbutter and Celery</li> </ul>	<ul style="list-style-type: none"> <li>Honey Wheat Crackers with Sunbutter, String Cheese and Celery</li> </ul>	<ul style="list-style-type: none"> <li>Hot N Spicy Goldfish with String Cheese, Sunflower Seeds and Carrots</li> </ul>	
5	6	7	8	9
<ul style="list-style-type: none"> <li>Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Cinnamon Grahams, Sunbutter, String Cheese and Celery</li> </ul>	<ul style="list-style-type: none"> <li>Goldfish Pretzels with Sunflower Seeds, String Cheese, and Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Honey Wheat Crackers with Sunbutter, String Cheese and Celery</li> </ul>	
12	13	14	15	16
	<ul style="list-style-type: none"> <li>Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Educational Snacks with Sunflower Seeds, String Cheese and Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Cinnamon Grahams, Sunbutter, String Cheese and Celery</li> </ul>	
19	20	21	22	23
26	27	28	29	30

**DID YOU KNOW?**

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our \*new\* website at [revolutionfoods.com](http://revolutionfoods.com)

**Supper:** choice of 1% or fat free milk; fresh fruit available daily.

**Vegetarian (V)** options available daily – if not listed on the menu, available upon request.