

## SOUTHWEST K-5 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> <li>• (V) Italian "Sausage" Calzoni</li> <li>• Turkey &amp; Cheddar Sandwich</li> </ul>	<ul style="list-style-type: none"> <li>• Pasta with Zesty Beef</li> <li>• (V) Taco Dippers Kit</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast for Lunch: Pancakes with Sausage</li> <li>• (V) Southwest Veggie Wrap</li> </ul>	<b>SCHOOL LUNCH HERO DAY!</b>
	<p style="text-align: center;"><b>NATIONAL TEACHER DAY!</b></p> <ul style="list-style-type: none"> <li>• (DF) Spaghetti &amp; Meatballs</li> <li>• (V) Cheddar Cheese Sandwich</li> </ul>	<ul style="list-style-type: none"> <li>• Beef Cheeseburger</li> <li>• (V) Cheese Pizza</li> <li>• Honey Mustard Chicken Wrap</li> </ul>	<ul style="list-style-type: none"> <li>• (V) Bean &amp; Cheese Quesadilla</li> <li>• (DF) The Revolution Dog</li> </ul>	<ul style="list-style-type: none"> <li>• Mac &amp; Cheese &amp; Chicken Bites</li> <li>• Sesame Chicken Wrap</li> </ul>
	<ul style="list-style-type: none"> <li>◦ Chopped Lettuce &amp; Tomatoes with Ranch</li> </ul>	<ul style="list-style-type: none"> <li>◦ Three Bean Salad &amp; Broccoli Florets</li> </ul>	<ul style="list-style-type: none"> <li>◦ Chilled Seasoned Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>◦ Steamed Corn</li> </ul>
	<ul style="list-style-type: none"> <li>◦ Glazed Carrots</li> </ul>	<ul style="list-style-type: none"> <li>◦ Chopped Lettuce with Ranch &amp; Edamame</li> </ul>	<ul style="list-style-type: none"> <li>◦ Sliced Cucumber</li> </ul>	
<ul style="list-style-type: none"> <li>• (DF) The Revolution Dog</li> <li>• (V) Cheesy Pizza Bite Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Jerk Drumstick &amp; Rice</li> <li>• Ham &amp; Cheddar Sandwich</li> </ul>	<ul style="list-style-type: none"> <li>• (V) Bean &amp; Cheese Burrito</li> <li>• Chicken Caesar Wrap</li> </ul>	<ul style="list-style-type: none"> <li>• (V) Cheese Enchiladas</li> <li>• Mighty Meaty Deli Combo Sandwich</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Taco Trio</li> <li>• (V) Cheese Sandwich</li> </ul>
<ul style="list-style-type: none"> <li>◦ Island Glazed Carrots</li> </ul>	<ul style="list-style-type: none"> <li>◦ Grape Tomatoes &amp; Seasoned Garbanzo Beans</li> </ul>	<ul style="list-style-type: none"> <li>◦ Celery Sticks</li> </ul>	<ul style="list-style-type: none"> <li>◦ Green Peas</li> </ul>	<ul style="list-style-type: none"> <li>◦ Broccoli Florets with Ranch</li> </ul>
<ul style="list-style-type: none"> <li>• Breakfast for Lunch: Pancakes with Sausage</li> <li>• Hummus Dippers</li> </ul>	<ul style="list-style-type: none"> <li>• (DF) The Revolution Dog</li> <li>• (V) Green Chile &amp; Cheese Tamale</li> </ul>	<ul style="list-style-type: none"> <li>• Pepper Jack Cheeseburger</li> <li>• (V) Cheddar Cheese Sandwich</li> </ul>	<ul style="list-style-type: none"> <li>• (V) Cheesy Pizza Bite Meal</li> <li>• Turkey &amp; Cheddar Sandwich</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Bites</li> <li>• (V) Creamy Pasta Alfredo</li> </ul>
<ul style="list-style-type: none"> <li>◦ Chili Citrus Corn</li> </ul>	<ul style="list-style-type: none"> <li>◦ Sliced Cucumber</li> </ul>	<ul style="list-style-type: none"> <li>◦ Chopped Lettuce &amp; Sliced Tomatoes with Ranch</li> </ul>	<ul style="list-style-type: none"> <li>◦ Glazed Carrots</li> </ul>	<ul style="list-style-type: none"> <li>◦ Seasoned Garbanzo Beans &amp; Broccoli Florets with Ranch</li> </ul>
<b>MEMORIAL DAY</b>				
	<ul style="list-style-type: none"> <li>• (V) Bean &amp; Cheese Burrito</li> <li>• Turkey &amp; Cheddar Sandwich</li> </ul>	<ul style="list-style-type: none"> <li>• Pasta with Zesty Beef</li> <li>• (V) Taco Dippers Kit</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast for Lunch: Pancakes with Sausage</li> <li>• (V) Southwest Veggie Wrap</li> </ul>	
	<ul style="list-style-type: none"> <li>◦ Green Peas</li> </ul>	<ul style="list-style-type: none"> <li>◦ Three Bean Salad &amp; Grape Tomatoes with Ranch</li> </ul>	<ul style="list-style-type: none"> <li>◦ Chilled Seasoned Green Beans</li> </ul>	

### Did you know?

**National Teacher Day** is Tuesday, May 8<sup>th</sup>!

**Q:** Why do we traditionally give apples to teachers?



**A:** Some say this started in Scandinavia back in the 1700s, when families couldn't afford to pay their teachers, they would send bushels of produce from their farms. This was said to be adopted in the U.S. during the Great Depression in the 1930's. Apples were the most popular produce to gift, since they grow easily in a variety of climates.

Snack: fresh fruit available daily except when sunbutter, string cheese, or juice is served.

This institution is an equal opportunity provider