



February

SOUTHWEST K-5

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> • (DF) Sloppy Joe • Turkey & Cheddar Sandwich ○ Glazed Carrots <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> • Pizza Bagel Burger Melt • (DF) (V) Egg Salad Sandwich • Seasoned Garbanzo Beans & Grape Tomatoes <p style="text-align: right;">2</p>
<ul style="list-style-type: none"> • (DF) The Revolution Dog • BBQ Chicken Wrap ○ Baby Carrots <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> • (DF) Red Chile Chicken Tamale • (V) Cheese Sandwich ○ Green Peas <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> • (DF) Crispy Chicken Sandwich • Ham & Cheese Sandwich • (V) Five Cheese Lasagna ○ Chilled Seasoned Green Beans <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> • (V) Cheesy Pizza Bite Meal • (DF) Chicken Salad Sandwich ○ Three Bean Salad <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> • Pepper Jack Cheeseburger • (DF) (V) Egg Salad Sandwich ○ Chopped Lettuce & Sliced Tomatoes with Ranch <p style="text-align: right;">9</p>
<ul style="list-style-type: none"> • (V) Breakfast for Lunch: Pancakes with Omelet • Turkey & Cheddar Sandwich ○ Chopped Lettuce & Sliced Tomatoes with Ranch <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> • Mac & Cheese & Chicken Bites • (V) Cheddar Cheese Sandwich ○ Glazed Carrots <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> • (DF) Spaghetti & Meatballs • (DF) (V) Egg Salad Sandwich ○ Steamed Corn <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> • (DF) The Revolution Dog ○ Sliced Cucumber <p style="text-align: right;">15</p>	<p style="text-align: right;">16</p>
<p style="text-align: right;">19</p>	<ul style="list-style-type: none"> • Classic Chicken Parm Pasta • Taco Dippers Kit ○ Grape Tomatoes & Three Bean Salad <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> • (V) Meatless "Sausage" Calzoni • (DF) Chicken Salad Sandwich ○ Celery Sticks <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • (V) Cheese Enchiladas • Philly Cheesesteak Sandwich ○ Green Peas <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> • Pepper Jack Cheeseburger • Turkey & Cheddar Sandwich ○ Broccoli Florets with Ranch <p style="text-align: right;">23</p>
<ul style="list-style-type: none"> • Chicken Taco Trio • Hummus Dippers ○ Steamed Corn <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> • Green Chile & Cheese Tamale • Honey Mustard Salad with Grilled Bites ○ Sliced Cucumber <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> • Jumbo Italian Meatball & Penne • (V) Cheese Sandwich ○ Broccoli Florets <p style="text-align: right;">28</p>		

What's New?

We have a lot of delicious new meals to try this month!

Philly Cheesesteak, Potstickers with Not-So-Fried Rice and Scoops with Chicken and Cheese Dip!

Look for them on the menu!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

This institution is an equal opportunity provider